

The Two Most Important Words To Your Development

In this article, I'm going to explain to you the two most important words to your development. Your development means achieving your goals and developing yourself in all areas of your life. You will benefit from these words by integrating them into your vocabulary and applying them.

The first word is "start". To reach the end, you have to have a beginning. Start things up. Let me tell you something you probably already know but maybe hadn't thought about really consciously until now. There is no perfect time to start something. So why wait? There's no reason. Many people describe their goals as "When I...X" or "When X happens" where "X" is the condition they're waiting on and will continue to wait on.

Just get up and running. If you want to do something well, it's worth doing badly at first. It's the way we all learn. My philosophy is to just start up and go for it. When I take one step, the next step will be revealed to me. Sure, I may not know what the heck I'm doing and yet I believe in myself enough to figure it out. If I don't know what to do, I have the second most important word to lean on, which I'll describe later in this article. Just take one step. Promise yourself to take one small action every day.

Again, there won't be any perfect time. Shoot, I can wait years for the stars to align, for the ocean tide to be high, for my astrological sign to be aligned with the moons of Jupiter and so on and so forth until I get the right "sign" to begin. But meanwhile, I'm burning up my most precious commodity; my time.

When you burn up your time, it's like you're taking the present that the Universe/God/The Great Spirit is giving you and slapping it away. And you can never get it back. My point is to just start doing something. Do it badly if you must and just say, "Hey, I'm going to find out some of the ways this won't work and when I run out of ways it won't work, I'm going to succeed." It's true. Run out of ways NOT to succeed and you're bound for success.

Think about something you do incredibly well now. This could be at your job, at home, with your hobby, with your family, or in sports. At some point in your past, you probably weren't as good as you are now, are you? You may have even been downright rotten. What happened? You kept at it and you got better and now you're successful at it. See friend, this part of the article is not groundbreaking. I'm just reminding you, "Hey, remember when you didn't do something well but now you do? Well, anything you want to do well now but aren't so red hot at is just the same experience repeated."

You've got all the resources in you to do it. This is undeniably true. You've been less-than-excellent in the past and now you are excellent at something. You learned one skill which means you can do it again, now. And I do mean right

now! Not tomorrow, not the next day. Now, now, now, now. You get the drift of what I'm saying, don't you?

So after you get up and running, you may run into snags. Snags are obstacles you meet on your journey to success. Still, I commend you for using the first word "start" to get rolling. <Kent pauses to salute you!> Now here comes the second most important word to your personal development ever. Are you ready? It is "help". Help, to me, is a near magical word. You can summon others to help you achieve what you want.

Ask for help early and often. For whatever you want to do, achieve, or solve, there is someone or something out there who not only knows how to help you but who WANTS to help you too! They may have already handled this challenge you're facing. Stubborn pride cost me a lot because I wouldn't ask for help from others in the past. I thought I had to do it all alone. Meanwhile, I wasted time fumbling around while another person could have immediately helped me.

Any worthwhile pursuit will have snags along the way. So get help when you find them. Defeat the snag and move on to bigger and better things. And when you get help, pass along your expertise too to others so that everyone benefits.

There you go. 'Start' and 'help' are the two words that will put you on the path to achieving your every goal and living the life of your dreams. Congratulations. As you imagine leading your dream lifestyle, you can picture it now so clearly, and tell yourself inside how great a job you did, as you feel wonderful with this powerful sense of achievement...you can remind yourself that you did it because you got started and you asked for help along the way.

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